

# 1220887

Registered provider: Hygge Care Ltd

Full inspection

Inspected under the social care common inspection framework

#### Information about this children's home

A small private provider owns this home. The home provides care for up to three children with emotional and behavioural needs.

The manager registered in September 2021 and is suitably qualified.

Inspection dates: 30 and 31 May 2023

Overall experiences and progress of children and young people, taking into account

good

How well children and young people are

helped and protected

good

The effectiveness of leaders and

managers

requires improvement to be good

The children's home provides effective services that meet the requirements for good.

**Date of last inspection:** 9 November 2022

Overall judgement at last inspection: requires improvement to be good

**Enforcement action since last inspection:** none

Inspection report for children's home: 1220887

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# **Recent inspection history**

Inspection date	Inspection type	Inspection judgement
09/11/2022	Full	Requires improvement to be good
09/08/2022	Full	Inadequate
22/03/2022	Interim	Sustained effectiveness
03/11/2021	Full	Requires improvement to be good



## **Inspection judgements**

#### Overall experiences and progress of children and young people: good

Since the last inspection, no children have moved in or out of the home, and the same three children remain living there. The children currently living in the home are settled and have lived there between one and three years. The children thrive on the nurturing and therapeutic care they receive. As a result, all three children are making good progress.

Staff work hard to have a positive relationship with the people who are important to children. A parent told the inspector that communication from staff is good and that staff keep them updated about their child's progress. Staff have a good understanding of family dynamics, and they support children's relationships in line with their wishes.

Children are in good health. Staff encourage children to eat a variety of fruit and vegetables, and they cook healthy meals from scratch. Children are active, and children and staff enjoy frequent trips to the nearby park. Staff are supported by a clinician to establish appropriate approaches to promote children's emotional health and well-being. Additionally, staff seek specialist help when necessary. This multiteam approach means that children's holistic health needs are promoted effectively.

All children attend school, and staff do everything they can to support children's education. Staff regularly communicate with teachers about children's behaviours and routines. When children are unsettled, staff work with teachers to settle them. As a result of this strong partnership working, children are progressing at school from their starting points.

Staff enable children to develop and maintain friendships. One child attends a local youth club and has joined a Scout troop. This is going well, and the child recently attended a two-day Scout camp. This gives this child an opportunity to meet friends and integrate into the local community.

Staff help children to be independent. They are creative in helping children with their self-care. For example, staff have bought a special toothbrush and a timer for a child who struggles to clean their teeth. They encourage a regular bath-time routine for another child by introducing 'a plastic brick toy bath time'. Staff use individualised rewards and incentives to further support children. As a result, children learn valuable life skills, and their self-esteem improves.

Social workers are generally positive about the care their children receive. They say that staff give them a warm welcome and that staff are kind to children and give children cuddles. They say that staff are supportive of the children's plans. However, they do not always receive regular updates about the children's progress.



The home is generally well furnished and is a warm and welcoming place for children to spend time. Photos of children are on display, and books and games are easily accessible. Staff help children to personalise their bedrooms as well as other living areas. This allows children to have a sense of pride in their home and promotes their well-being. However, a wooden panel on the staircase is in need of repair. An area of decking in the garden is not accessible to children because of damage. Delays in completing essential maintenance detract from the homely feel of the home.

#### How well children and young people are helped and protected: good

Staff ensure that children live safely together. Bullying is not tolerated in the home, and staff talk to children about the effects of bullying in a way that encourages personal responsibility and an understanding of the feelings of others. Children, therefore, understand the importance of tolerance and kindness in social relationships.

When children make allegations relating to staff in the home, managers take their concerns seriously. Managers work in partnership with children's social workers and the local authority designated officer. This ensures that there is independent oversight to keep children safe.

Staff know children well. They use resources and individualised strategies to talk with children about emotions and help them to better manage their behaviours over time. Additionally, staff educate children around risk. Children take part in group discussions and individual key-work sessions on subjects such as online safety. This positive work enhances children's knowledge of risk and allows them to take the lead in their learning.

Staff have a good understanding of the importance of safeguarding and the need for vigilance so that children stay safe. Clear rules and boundaries enable children to feel increasingly safe and contained.

Regular consultation with clinicians is used well and is effective in improving staff practice. This allows staff to understand the reasons behind some behaviours and provides a nurturing environment for children.

Detailed risk assessments and behaviour management plans promote the home's therapeutic ethos and guide staff to manage children's complex behaviours. However, on rare occasions, staff do not follow children's plans and use agreed strategies. This means that on occasion, children have been left without appropriate support to manage their complex behaviours. These were isolated incidents, and quick action by managers ensured that children were protected from further harm.

Although children do not go missing from the home, protocols are in place that tell staff what to do should they go missing. On the rare occasion that a child leaves the home in an unplanned way, staff keep the child in sight and use their skills and their strong relationship to calm the situation and bring the child home.



# The effectiveness of leaders and managers: requires improvement to be good

The manager is experienced and suitably qualified. He is passionate and child-focused. Children are at the centre of everything he does. The manager makes a point of spending time individually with each child. Children say that they like the manager and would talk to him if they had a worry or a concern.

Managers do not effectively use monitoring systems to improve the quality of care. For example, managers do not regularly review the home's development plan. This means that managers do not know the home's strengths and areas for development. Additionally, managers do not conduct a review when serious incidents occur. This is a missed opportunity for managers, staff and the wider organisation to learn lessons to improve the quality of care that children receive.

The manager leads a team of well-motivated staff. Managers support staff through regular supervision. Staff say they like working in the home and that morale is good.

Managers do not ensure that new staff receive a well-planned induction. Systems are not in place to ensure that new staff are supported, developed and trained to work effectively with children. Additionally, managers do not always ensure that supervisory staff have the skills and experience they require.

Since the last inspection, two staff members have left and three have joined the team. There are currently three staff vacancies. Any shortfalls in staffing are covered by existing staff, and agency staff have not been used since December 2022. Despite challenges in recruiting and retaining staff, children are receiving increasingly consistent care.

Managers have worked hard to meet the requirements from the last inspection. Five of the six requirements are met. A requirement under regulation 12 is not met and has been restated. This is the third consecutive time that this requirement has been raised.

Staff access a range of training opportunities, including essential courses such as safeguarding and first aid. In addition, they receive training that is specific to individual children, including training in attachment and trauma. This helps staff to understand the complex needs of the children in their care.



# What does the children's home need to do to improve? Statutory requirements

This section sets out the actions that the registered person(s) must take to meet the Care Standards Act 2000, The Children's Homes (England) Regulations 2015 and The 'Guide to the Children's Homes Regulations, including the quality standards'. The registered person(s) must comply within the given timescales.

Requirement	Due date
The positive relationships standard is that children are helped to develop, and to benefit from, relationships based on—	2 July 2023
mutual respect and trust;	
an understanding about acceptable behaviour; and	
positive responses to other children and adults.	
In particular, the standard in paragraph (1) requires the registered person to ensure—	
that staff—	
meet each child's behavioural and emotional needs, as set out in the child's relevant plans. (Regulation 11 (1)(a)(b)(c) (2)(a)(i))	
This specifically relates to managers ensuring that staff consistently meet the children's emotional needs.	
The protection of children standard is that children are protected from harm and enabled to keep themselves safe.	2 July 2023
In particular, the standard in paragraph (1) requires the registered person to ensure—	
that staff—	
have the skills to identify and act upon signs that a child is at risk of harm. (Regulation 12 (1) (2)(a)(iii))	
This specifically relates to managers ensuring that staff use strategies in children's plans to de-escalate children's complex behaviours.	



2 July 2023
2 July 2023

### Recommendations

■ The registered person should ensure that they have a workforce plan which can fulfil the workforce related requirements of regulation 16, schedule 1 (paragraphs 19 and 20). The plan should detail the processes and agreed timescales for staff to achieve induction, probation and any core training (such as safeguarding, health and safety and mandatory qualifications); detail the process for managing and improving poor performance; detail the process and timescales for supervision of practice (see regulation 33 (4) (b)) and keep appropriate records for staff in the home. ('Guide to the Children's Homes Regulations, including the quality standards', page 53, paragraph 10.8)



■ The registered person should ensure that the children's home is a nurturing and supportive environment that meets the needs of their children and is a homely, domestic environment. The children's home must comply with relevant health and safety legislations (alarms, food hygiene etc.); however, in doing so, the home should seek as far as possible to maintain a domestic rather than 'institutional' impression. ('Guide to the Children's Homes Regulations, including the quality standards', page 15, paragraph 13.9)

## Information about this inspection

Inspectors have looked closely at the experiences and progress of children and young people, using the social care common inspection framework. This inspection was carried out under the Care Standards Act 2000 to assess the effectiveness of the service, how it meets the core functions of the service as set out in legislation, and to consider how well it complies with The Children's Homes (England) Regulations 2015 and the 'Guide to the Children's Homes Regulations, including the quality standards'.



### Children's home details

**Unique reference number:** 1220887

**Provision sub-type:** Children's home

Registered provider: Hygge Care Ltd

Registered provider address: Grosvenor House, 11 St Pauls Square, Birmingham,

West Midlands B3 1RB

Responsible individual: Justin Evans

Registered manager: Dave Dixon

## **Inspector**

Karen Gillingwater, Social Care Inspector



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