

Inspection of My Start Day Nursery

Aspley Bells Lane Childrens Centre, Minver Crescent, NOTTINGHAM NG8 5PJ

Inspection date: 2 June 2023

Overall effectiveness	Good
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The quality of education	Good
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Behaviour and attitudes	Good
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Personal development	Good
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Leadership and management	Good
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Overall effectiveness at previous inspection	Good
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What is it like to attend this early years setting?

The provision is good

Babies and children benefit from new and interesting activities planned by staff. For example, babies and young children enjoy exploring the texture of jelly with the support of staff. They dip their hands in the jelly and exclaim, 'Cold'. Staff help to develop children's understanding by introducing new words linked to children's actions. For example, they say, 'Splash, splash, splash', as babies delight in splashing their hands in the jelly.

Children enjoy water play. They excitedly fill and pour water from containers. Staff help children to understand mathematical concepts, such as 'full' and 'empty'. Young children are encouraged by staff to practise their counting skills and confidently count 1, 2, 3.

Staff promote children's safety and self-help skills from a young age. For instance, they help children to access low-level sinks to wash their hands. Children watch their reflection in the mirror as they rub their hands together. They learn the importance of keeping their hands clean, as staff provide explanations and sing a handwashing song. When prompted by staff, children independently wipe their noses and know to throw the tissues in the bin. Children learn about using the toilet, as staff introduce this through stories and discussions.

What does the early years setting do well and what does it need to do better?

- Children's independence is promoted by staff. For instance, during mealtimes, staff encourage children to self-serve and pour their own gravy. They show children how to use cutlery to cut up their food. Children independently open yoghurts, with the assistance of staff close by. Staff praise the children as they put on aprons in readiness for messy and water play.
- Staff use observations and assessments to celebrate children's achievements and identify gaps in their development. They use this information to identify some next steps in learning. However, the next steps identified are sometimes too broad. This is because some staff do not understand what they want each child to learn next, to help them build on what they already know and can do.
- Parents and carers speak highly of the nursery. They say that staff know and care about their children. Parents and carers comment that the staff are very approachable and that the level of support is 'amazing'. Staff regularly share best practice guidance and strategies with parents and carers to promote children's health and development. This includes safe sleep advice, promoting positive behaviour, toilet training and supporting oral health.
- Staff help to develop children's communication skills. For example, they frequently read stories and sing with the children. Staff use repetition to help young children understand and remember new words. However, children do not

always benefit from hearing the correct pronunciation of words. This is because some staff do not model words correctly. For example, they use informal language such as 'ta' and 'doggy'.

- Children learn to behave well. They are encouraged to use good manners throughout the day, which is reinforced by staff. Children learn to ask staff for help. For example, during role play, they politely ask staff to help zip up a pretend doctor's bag. Children show high levels of interest throughout the day. They eagerly involve staff and other children in their play.
- Staff work effectively with other agencies and professionals to support children, including those with special educational needs and/or disabilities. For example, staff have close links with health visitors, speech and language therapists and family support teams. Staff identify and share information about children's emerging needs to ensure that children and families receive timely interventions and consistent support.
- Leaders and managers are passionate about helping children to achieve the best possible outcomes. They put in place systems to identify, support and monitor the development of staff practice. For instance, they use supervision, team meetings and observations of staff practice. This helps to ensure staff continually improve their teaching and the learning experiences provided for children.

Safeguarding

The arrangements for safeguarding are effective.

Staff help to reduce the risk of children choking. They supervise mealtimes effectively and encourage children to be seated when eating. Staff help children to stay safe while in the sun. They regularly apply sun protection and ensure children are hydrated and have time in the shade. Staff complete training to help them to identify and report concerns about the welfare of children. Staff know how to deal with concerns related to peer-on-peer abuse and how to help children to keep themselves safe. Leaders and staff are confident in the process of raising concerns about the behaviour of colleagues.

What does the setting need to do to improve?

To further improve the quality of the early years provision, the provider should:

- develop staff's understanding of the overarching curriculum intent for the nursery so they are more secure in their planning for individual children's next steps in learning
- support staff to consistently use and model the correct pronunciation of words.

Setting details

Unique reference number	EY462457
Local authority	Nottingham
Inspection number	10280356
Type of provision	Childcare on non-domestic premises
Registers	Early Years Register, Compulsory Childcare Register, Voluntary Childcare Register
Day care type	Full day care
Age range of children at time of inspection	0 to 4
Total number of places	70
Number of children on roll	94
Name of registered person	Lily & Co Limited
Registered person unique reference number	RP904216
Telephone number	0115 9705152
Date of previous inspection	17 August 2017

Information about this early years setting

My Start Day Nursery registered in 2013 and is located in Aspley, Nottingham. The nursery opens Monday to Friday, all year round, only closing for two weeks in the summer holidays and one week at Christmas. Sessions are from 8am until 6pm. The nursery employ 21 members of childcare staff. Of these, 16 members of staff hold appropriate early years qualifications between level 2 and level 6. The nursery provides funded early education for two-, three- and four-year-old children.

Information about this inspection

Inspector
Mel Walker

Inspection activities

- This was the first routine inspection the provider received since the COVID-19 pandemic began. The inspector discussed the impact of the pandemic with the provider and has taken that into account in their evaluation of the provider.
- The manager and the inspector completed a learning walk together and discussed the early years curriculum.
- The inspector talked to staff at appropriate times during the inspection and took account of their views.
- The inspector observed the quality of education being provided, indoors and outdoors, and assessed the impact that this was having on children's learning.
- The inspector carried out joint observations of routines and activities with the manager.
- Parents' and carers' views were taken into consideration.
- A sample of documents was reviewed, including paediatric first-aid certificates, suitability checks, and safeguarding policies and procedures.

We carried out this inspection under sections 49 and 50 of the Childcare Act 2006 on the quality and standards of provision that is registered on the Early Years Register. The registered person must ensure that this provision complies with the statutory framework for children's learning, development and care, known as the early years foundation stage.

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