

SC436826

Registered provider: CASC (Barrow) Limited

Full inspection

Inspected under the social care common inspection framework

Information about this children's home

This privately-owned children's home is registered for up to four young people who may have emotional and/or behavioural difficulties. A qualified and experienced registered manager is in post who registered with Ofsted in August 2017.

Inspection dates: 27 to 28 February 2020

Overall experiences and progress of good children and young people, taking into

account

How well children and young people are good

helped and protected

The effectiveness of leaders and good

managers

The children's home provides effective services that meet the requirements for good.

Date of last inspection: 22 January 2019

Overall judgement at last inspection: Good

Enforcement action since last inspection: None

Inspection report children's home: SC436826

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Recent inspection history

| Inspection date | Inspection type | Inspection judgement |
|-----------------|-----------------|------------------------|
| 22/01/2019 | Full | Good |
| 16/01/2018 | Interim | Improved effectiveness |
| 16/05/2017 | Full | Good |
| 26/01/2017 | Interim | Improved effectiveness |



Inspection judgements

Overall experiences and progress of children and young people: good

Young people make good progress. Progression is evidenced through reports completed by young people's key workers on a monthly basis. Staff understand what progress looks like for each young person and can identify how they have progressed since coming to live at the home.

Young people's care is individualised. Their personal hobbies and interests are promoted. For example, one young person likes to go for runs at night time which helps him to clear his head. Another young person is interested in make-up and has been bought a special mirror. The third young person has tried a wide variety of activities including climbing, going to the gym and a marksman shooting range.

Education is provided for the young people at the provider's local school. One young person has made sustained progression in attendance and achievement. Staff understand the importance of supporting young people's education.

Staff also support young people to develop their independence skills. One young person can now use public transport, do his own laundry and shopping and is engaging in and enjoying work experience.

Young people's health and well-being is prioritised. Staff are good advocates for those who require additional support to ensure that their health needs are met. There are plans in place to respond appropriately to young people who self-harm. These identify the most helpful response when the young person shows her cuts and scars. This means that young people get a supportive and calm response when they need it.

Positive relationships exist between staff and young people. This allows young people to feel cared for and valued. They can freely express their individuality and know that they will be responded to in a way that they find encouraging and supportive.

How well children and young people are helped and protected: good

Young people said that they felt safe and that staff supported them to be safe. Staff have a good understanding of young people's risks and staff are aware of how to respond to and manage risks. Positive relationships between staff and young people mean that young people respond well to staff efforts to calm and de-escalate incidents. As a result, physical intervention is rarely necessary to keep young people safe.

In respect of behaviour management, the home adopts a restorative approach. Staff do not rely on the use of sanctions to penalise poor behaviour. On some occasions, young people are required to make reparation for damages caused. This is a natural consequence of their actions.



A proactive approach is adopted to planning risk management. Preventative work is evident where young people are educated about risk-taking and its consequences. The home has fostered a positive working relationship with the local police. The police supply the home with intelligence about known hotspots for crime and antisocial behaviour.

Young people have been educated about bullying by being part of a national antibullying day. This helps them to understand the impact that their behaviour can have on other people.

Admission planning has a strong focus on risk and risk management. This ensures that staff are well prepared to address young people's risks and that potential ways of managing these have been identified prior to placement.

One young person has made significant progress in reducing his drug misuse through the time and support that has been invested in him.

The effectiveness of leaders and managers: good

The home is managed well by a qualified and experienced manager. The manager is invested in the young people and staff and has high aspirations for both. She pays particular attention to staff morale and motivation by recognising and rewarding positive practice.

The staff team is stable and experienced. The home does not use agency staff. This gives young people the opportunity to experience continuity of care. In turn, this allows young people to develop trusting, secure relationships with adults who consistently meet their needs. There is a good gender balance amongst the staff team which provides positive male and female role models for young people.

Staff are supported and supervised in line with the provider's stated frequency. New staff receive more regular supervision during their induction period. This supports the development of good practice with strong managerial oversight. Regular staff meetings are held, which promotes cohesive team work. Staff spend time in team meetings identifying good practice and disseminating this to other team members.

Monitoring of the service is effective. The manager has put systems in place to improve the standard and efficiency of monitoring. This results in her having a good understanding of the home's strengths and weakness. Reports submitted to Ofsted under regulation 45 show that there are clear, realistic and achievable development plans in place. External monitoring visits take place at the required frequency. However, there has been some delay in submitting these reports to the regulator. This hinders monitoring of the service. A requirement is made reflecting this shortfall.

Good links have been developed with external agencies. This positive co-operation promotes proactive planning around young people's range of needs and ensures a multi-agency response to any issues or concerns that arise.



What does the children's home need to do to improve?

Statutory requirements

This section sets out the actions that the registered person(s) must take to meet the Care Standards Act 2000, Children's Homes (England) Regulations 2015 and the 'Guide to the children's homes regulations including the quality standards'. The registered person(s) must comply within the given timescales.

| Requirement | Due date |
|---|------------|
| The registered person must ensure that an independent person visits the children's home at least once each month. | 17/04/2020 |
| The independent person must provide a copy of the independent person's report to— | |
| HMCI. (Regulation 44(1) and (7)(a)) | |
| Specifically, ensuring that a copy of the report reaches Ofsted within the required timescale. | |

Information about this inspection

Inspectors have looked closely at the experiences and progress of children and young people, using the 'Social care common inspection framework'. This inspection was carried out under the Care Standards Act 2000 to assess the effectiveness of the service, how it meets the core functions of the service as set out in legislation, and to consider how well it complies with the Children's Homes (England) Regulations 2015 and the 'Guide to the children's homes regulations including the quality standards'.



Children's home details

Unique reference number: SC436826

Provision sub-type: Children's home

Registered provider: CASC (Barrow) Limited

Registered provider address: 125 Ramsden Square, Barrow in Furness, Cumbria

LA14 1XA

Responsible individual: Hilary Southward

Registered manager: Carly Holland

Inspector

Gillian Walters, Social Care Inspector



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