

Inspection of Fit For Sport At St Edwards Rc Primary School

Lisson Grove, London NW1 6LH

Inspection date:

7 January 2020

**The quality and
standards of early
years provision**

**This
inspection**

Met

Previous
inspection

Not applicable

What is it like to attend this early years setting?

This provision meets requirements

Children feel safe and valued in this welcoming environment. Staff take the attendance register and help children get to know each other and be clear about the daily routines. Children settle well and make new friends to play with. They are confident to ask for help when needed. Staff introduce children to new activities and join in with them. The broad range of activities complements what children do at school and encourages their social interaction, creativity and physical skills. For example, children engage well in a chase game, learn to cooperate and develop good control and coordination as they play. Staff provide good opportunities for children to use their imagination. For example, children like to draw their favourite pictures and are proud to show their artistic work to staff, who praise them for their good efforts. Children learn to handle resources with care. However, staff do not take every opportunity to help children become as independent as possible. Children enjoy their time at the club and form good relationships with staff and their peers. Staff have a good understanding of how to manage and support children's behaviour and attitudes. Children learn to follow the rules and know the boundaries for acceptable behaviour. They share resources and take turns fairly. Children's behaviour is generally good.

What does the early years setting do well and what does it need to do better?

- Staff gather relevant information from parents and class teachers to plan interesting activities that meet the needs and interests of the children. For example, children were interested in building models using construction tools and making things out of paper. Staff provided activities and resources that children could use to support their creativity. Younger children enjoyed collage activities and confidently explained what they had created. Older children show consideration to the younger ones and involve them in fun play. For example, they keenly lead on sorting and matching games and know how to follow the rules. Overall, children listen attentively and respond well to instructions. They enjoy a cosy area to relax and to read their favourite stories.
- Staff support children's healthy lifestyles effectively. For example, children wash their hands before eating and can access water at all times. They enjoy healthy snacks and understand the importance of healthy eating and the positive impact this can have on their health and well-being. However, staff do not consistently encourage children to manage small tasks for themselves, to further strengthen their independence.
- Younger and older children enjoy the range of activities on offer and the opportunity to catch up with their friends. They particularly enjoy the fresh air and physical exercise. For example, they actively take part in football and parachute games and are aware of the changes that happen to their heart rate

as they move.

- Parents are pleased with the good service they receive from this caring staff team. They also appreciate the daily feedback from staff about what their children have enjoyed most in the provision.
- Managers supervise staff and offer them constructive feedback to help them develop the quality of their practice. They plan with staff and help them reduce their workload.
- Staff feel valued and comment on how managers support them well through training, meetings and mentoring. They also attend to their well-being.
- Managers and staff consider the comments and suggestions of parents, children and others to help them develop the provision and to make continuous improvements.
- Staff value children's cultural backgrounds. For example, they involve children in a range of activities that help them learn about their own identity and the different people and communities. This helps children to feel unique and develops their self-esteem and the positive attitudes that can support them in school and beyond.

Safeguarding

The arrangements for safeguarding are effective.

Thorough recruitment and selection processes help to ensure that all staff are suitable for their roles. Managers and staff have a good knowledge of safeguarding requirements. For example, they know about the different types and symptoms of abuse and the correct procedures to follow if they are concerned about a child or an adult. Managers share the club's policies and procedures with staff and make them available for parents and others to support children's welfare, health and safety. Staff conduct regular risk assessments of the premises and resources to help children remain safe. They undertake fire drills regularly to help children learn how to leave the building calmly and safely in an emergency.

Setting details

Unique reference number	EY545993
Local authority	Westminster
Inspection number	10130800
Type of provision	Childcare on non-domestic premises
Registers	Early Years Register, Compulsory Childcare Register, Voluntary Childcare Register
Day care type	Out-of-school day care
Age range of children	4 to 11
Total number of places	40
Number of children on roll	14
Name of registered person	Fit For Sport Limited
Registered person unique reference number	RP901369
Telephone number	02087424993
Date of previous inspection	Not applicable

Information about this early years setting

Fit For Sport At St Edwards Rc Primary School registered in 2017. The club is open Monday to Friday from 7.30am to 8.40am and from 3.30pm to 6pm during term time only. There are four staff who hold relevant qualifications ranging from level 2 to level 5.

Information about this inspection

Inspector

Fatiha Maitland

Inspection activities

- The inspector and the manager completed a learning walk in the setting to understand how the provision is organised.
- The inspector held discussions with staff, children and parents at appropriate times during the inspection.
- The inspector took account of the views of parents and children spoken to during the inspection and reviewed parents' written comments and suggestions.
- The inspector looked at a sample of the club's documentation, including evidence of staff's suitability and training.

We carried out this inspection under sections 49 and 50 of the Childcare Act 2006 on the quality and standards of provision that is registered on the Early Years Register. The registered person must ensure that this provision complies with the statutory framework for children's learning, development and care, known as the early years foundation stage.

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