

Inspection of Fit For Sport At St Josephs Rc Primary School

Lanark Road, LONDON W9 1DF

Inspection date:

13 December 2019

The quality and standards of early years provision	This inspection	Met
	Previous inspection	Not applicable



What is it like to attend this early years setting?

This provision meets requirements

Children benefit from a welcoming and inclusive environment where they feel safe and secure. They settle well, make new friends and play together in harmony. Staff work well as a cohesive team and have a good understanding of their roles. They welcome children when they arrive at the club. They seek children's views about the activities they like most and respect their opinions. Children listen attentively and respond well to instructions. They are happy and adjust quickly to the daily routines. Children enjoy the good range of activities made available to them. They concentrate and use their imagination well. For example, they engage well in number games and follow the rules. Older children keenly draw their favourite pictures and can talk about what they have created. They like to show their work to staff, who praise them for their good efforts. They enjoy a cosy area to relax and to read independently. Staff are caring and supervise children well as they play. However, they miss the opportunity to help children understand the importance of healthy eating. Staff have high expectations and are good role models for the children. For instance, they talk to children calmly and support their social and emotional skills effectively. Children share resources fairly, take turns and cooperate with each other. Their behaviour is generally good.

What does the early years setting do well and what does it need to do better?

- Staff gain relevant information from the host school staff and parents to help them provide age-appropriate activities and experiences that meed the needs and interests of all children. They hold discussions with children, play with them and show them how to use certain resources with care.
- Children enjoy attending this club. For example, younger children love to explore resources and to find out how things work. Older children build their favourite models purposefully and use resources safely. Children are confident to ask for help when needed.
- Children love the physical activities and have ample space to play. Older children are confident to lead on games. For example, they guided their friends on how they could move their bodies when they pretended to be 'snakes'. Children are aware of the changes that happen to their bodies when they exercise.
- Children wash their hands before eating. They are independent in the way they prepare their snacks and help tidy up tables. However, staff do not always explain to children the importance of healthy eating and the possible impact it might have on their health and well-being.
- Staff work effectively in partnership with parents and share with them what their children have enjoyed for the day.
- Parents are very pleased with the good service staff provide and appreciate the valuable care their children receive from this helpful and approachable staff



team. Children enjoy coming to the club. They like to try new activities and to be involved in fun play.

- Managers supervise staff and offer them clear guidance on how to develop their practice. Staff attend courses to widen their knowledge and skills and to help strengthen children's experiences. They comment on how managers have helped them secure new qualifications, reduced the workload and supported their wellbeing.
- Managers seek the comments and suggestions of the host school, parents, children and others to help them highlight strengths of the setting and to identify what needs improving. This helps them to make adjustments to their practice and to provide a good service.
- Children actively take part in the different festivals and learn about other people around them. This helps them appreciate similarities and celebrate differences. Children learn to accept and respect others.
- Overall, staff help children to develop their social, physical and creative skills effectively.

Safeguarding

The arrangements for safeguarding are effective.

Thorough vetting processes help ensure staff's suitability to work with children. Managers share their safeguarding policies and procedures with staff and also make these available to parents and others. Staff have attended relevant training and are clear about the recording and reporting procedures if they have any safeguarding concerns about a child or an adult. Managers help staff be familiar with the induction procedures to prepare them for their roles. Staff make regular risk assessments of the premises and resources to keep children safe. They take the attendance register and talk to children about their safety. Staff undertake regular fire evacuations to help children learn how to leave the building calmly and safely in an emergency.



Setting details	
Unique reference number	EY546002
Local authority	Westminster
Inspection number	10130801
Type of provision	Childcare on non-domestic premises
Registers	Early Years Register, Compulsory Childcare Register, Voluntary Childcare Register
Day care type	Out-of-school day care
Age range of children	4 to 11
Total number of places	40
Number of children on roll	10
Name of registered person	Fit For Sport Limited
Registered person unique reference number	RP901369
Telephone number	02087424993
Date of previous inspection	Not applicable

Information about this early years setting

Fit For Sport At St Josephs Rc Primary School registered in 2017. The club is open Monday to Friday from 7.30am to 9am and from 3.30pm to 6pm, during term time only. There are five members of staff, four of whom hold relevant qualifications at level 2 or level 6.

Information about this inspection

Inspector

Fatiha Maitland

Inspection activities

- The inspector and the manager completed a 'learning walk' in the setting to understand how the provision is organised.
- The inspector held discussions with staff, children and parents at appropriate times during the inspection.
- The inspector took account of the views of parents and children during the inspection and reviewed parents' written comments and suggestions.
- The inspector looked at a sample of the club's documentation, including evidence of staff's suitability and training.



We carried out this inspection under sections 49 and 50 of the Childcare Act 2006 on the quality and standards of provision that is registered on the Early Years Register. The registered person must ensure that this provision complies with the statutory framework for children's learning, development and care, known as the early years foundation stage.

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