

# Inspection of Fit For Sport At Westminster Cathedral

Westminster Cathedral Primary School, Bessborough Place, London SW1V 3SE

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Inspection date:

11 December 2019

**The quality and  
standards of early  
years provision**

**This  
inspection**

**Met**

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Previous  
inspection

Not applicable

## **What is it like to attend this early years setting?**

### **This provision meets requirements**

The environment is well organised and provides a wide range of stimulating resources tailored to meet the ages and needs of each child. Children are curious learners and are able to access all activities independently. This develops their self-confidence and self-esteem. Children of all ages enjoy playing cooperatively. Older children are role models for the younger children. This promotes strong friendships and develops good social skills. Children are respectful and kind to each other. Staff interact well with the children, who engage in fun activities that motivate them and develop their concentration. Children work with staff to establish rules at the club, which helps them to understand the behaviour expected of them. Children develop a strong sense of belonging and behave very well. Staff promote healthy lifestyles and good hygiene procedures. Children understand how nutritious food can help them grow strong and healthy. Staff provide opportunities for children to learn how to prepare their meals and serve themselves. Staff interact with the children during mealtimes and promote good table manners. Children confidently talk to authorised visitors about what they enjoy doing at the club. Children develop the skills they need for future learning.

### **What does the early years setting do well and what does it need to do better?**

- Partnerships with parents are effective. Before children start at the club, the manager gathers information about their individual needs from parents and teachers at the school. This helps to provide consistent support for all children. During daily feedback, staff pass on relevant messages to parents, which means that children receive consistency in care. Parents speak very positively about the club and the activities staff provide. Staff are friendly with parents and seek up-to-date details about children's individual care needs. For example, staff ensure that they know about any recent changes to children's allergies. This promotes children's well-being.
- Children have opportunities to enjoy fresh air and exercise. Staff provide exciting and well-thought-out activities that inspire children and capture their interest. Children run around energetically while playing ball games in the hall. They say they enjoy physical activities such as basketball and football. Children understand the rules of games and wait patiently for their turn. They are happy and interact positively with their friends.
- Staff plan activities that are varied and interesting. For example, children enthusiastically made Christmas ornaments using clay and different-coloured paint; they talked about who they were making it for and why. Children use a wide range of vocabulary to express their opinions and feelings. Children display good concentration and proudly share their achievements with others. Staff give children appropriate praise for their effort.

- The highly experienced manager has regular meetings to ensure that staff fulfil their roles effectively. He uses self-evaluation well to reflect on the club's strengths and weaknesses. He includes the views of staff, parents and children in this process. For example, he has reorganised activities to enhance children's play experiences. Children thoroughly enjoy their time at the club and demonstrate a strong sense of security and confidence.
- The management team places a high priority on ensuring the suitability of staff. Procedures for recruitment, supervision and ongoing training are good. The manager attends regular training with the aim of providing the best possible play experiences and care for all children. Other staff are also supported to develop their skills.
- Staff are friendly and caring. They have an effective key-person system for younger children. This promotes trusting relationships and secure bonds. Staff recognise when children require extra support and promptly attend to their needs with genuine care and concern. Children's emotional well-being is supported effectively.
- Children arrive at the club from the primary school at the end of the school day. The staff ensure that the children are properly organised as they go to their allocated base room on the school premises. Children are polite and listen to instructions.

## **Safeguarding**

The arrangements for safeguarding are effective.

Staff receive regular, up-to-date safeguarding training. This ensures they understand their responsibilities in the event of any concerns about children's welfare or any inappropriate actions of adults working with children. Staff have a sound understanding of safeguarding issues, including the 'Prevent' duty and female genital mutilation. Comprehensive risk assessments are completed for all areas used by the club, including outdoors, to identify and remove any hazards. Details of any accidents or incidents are accurately logged by staff. Children play in a secure and safe environment. Staff are extremely vigilant in checking who picks children up at the end of the session.

## Setting details

<b>Unique reference number</b>	EY545976
<b>Local authority</b>	Westminster
<b>Inspection number</b>	10130793
<b>Type of provision</b>	Childcare on non-domestic premises
<b>Registers</b>	Early Years Register, Compulsory Childcare Register, Voluntary Childcare Register
<b>Day care type</b>	Out-of-school day care
<b>Age range of children</b>	4 to 11
<b>Total number of places</b>	40
<b>Number of children on roll</b>	86
<b>Name of registered person</b>	Fit For Sport Limited
<b>Registered person unique reference number</b>	RP901369
<b>Telephone number</b>	0208 7424993
<b>Date of previous inspection</b>	Not applicable

## Information about this early years setting

Fit For Sport At Westminster Cathedral registered in 2017 and is situated in Westminster Cathedral Primary School, in the London Borough of Westminster. The club opens Monday to Friday, from 3.15pm until 6pm, during term time. The provider employs staff according to the number of children attending. There are currently two members of staff employed; one holds an NVQ Level 3 in sports and one holds an NVQ Level 2 in play work.

## Information about this inspection

### Inspector

Yemi Afolabi

## Inspection activities

- The inspector undertook a 'learning walk' around the premises with the manager.
- The inspector talked with children, staff and the manager during the inspection.
- The inspector took account of the views of parents spoken to on the day of the inspection.
- Evidence of the suitability of staff working with children was checked by the inspector.
- A range of documentation was viewed by the inspector, including public liability insurance, safeguarding policies and procedures.

We carried out this inspection under sections 49 and 50 of the Childcare Act 2006 on the quality and standards of provision that is registered on the Early Years Register. The registered person must ensure that this provision complies with the statutory framework for children's learning, development and care, known as the early years foundation stage.

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