# Kids Gym Ltd (t/a The Little Gym)



University of Westminster, Sports Ground, Cavendish Road, LONDON W4 3UH

Inspection date Previous inspection date	17 August 201 10 August 201		
The quality and standards of the early years provision	This inspection: Previous inspection:	Good	<b>2</b> 2
Effectiveness of leadership and management		Good	2
Quality of teaching, learning and assessment		Good	2
Personal development, behaviour and welfare		Good	2
Outcomes for children		Not Applicable	

# Summary of key findings for parents

### The provision is good

- The manager provides ambitious and clear leadership. Staff are well supported by the senior management team, who carries out regular detailed supervision. It observes the quality of staff's interactions with children, supporting staff's improvements where necessary. This has a positive impact on the quality of teaching.
- Children have great fun at the club and are keen and enthusiastic to participate in activities. They laugh and chat animatedly as they play.
- Parents speak highly about the club. They say they can see their children gaining new skills and growing in confidence.
- Staff are very welcoming at the club. They are relentlessly cheerful and demonstrate great skills at putting children at their ease. Uncertain children settle quickly and are soon joining in.
- The manager continually assesses the quality of the club, including views of parents and staff.
- Staff provide an inclusive environment where children of different ages build strong friendships and play very happily together. This supports children's personal, social and emotional development well.

## It is not yet outstanding because:

- Children's needs and interests are well supported during adult-led activities. However, on occasion during free-play sessions, staff do not support children's interests as consistently as they could.
- At times, staff are too quick to carry out self-help tasks which children are easily able to do for themselves.

## What the setting needs to do to improve further

#### To further improve the quality of the early years provision the provider should:

- strengthen staff's ability to identify children's interests more consistently during free-play sessions
- support children to carry out tasks for themselves.

#### **Inspection activities**

- The inspector observed the quality of interactions with children during activities.
- The inspector held a meeting with the manager and looked at relevant policies, documentation and evidence of suitability of staff working at the setting.
- The inspector spoke to staff and children at appropriate times during the inspection.
- The inspector carried out a joint observation with the manager.

#### Inspector

Anna Hindhaugh-Feldman

# **Inspection findings**

#### Effectiveness of leadership and management is good

The club has a rigorous attitude to health and safety, and is thorough in its daily safety procedures. It ensures all equipment and spaces are safe for children to use. Staff ensure all children understand the safety procedures and boundaries before starting any activity. For example, they talk to children about how to dismount from the beam safely Safeguarding is effective. Staff understand the signs and symptoms of abuse and the appropriate reporting procedures. Staff have attended safeguarding training and are aware of their responsibilities to protect children in their care. Their knowledge is kept up to date through regular training sessions. The management team undertakes a rigorous recruitment and vetting procedure to ensure all staff are safe to work with children. It works well with other agencies, such as medical specialists, to ensure they have a thorough understanding of all children's needs. This provides consistency for all children.

#### Quality of teaching, learning and assessment is good

Staff provide children with a warm, welcoming and stimulating environment. They provide a wide range of resources and activities for children, arranging the environment well to cater for all ages and abilities, for example, to provide a cosy area for children to relax and share storybooks with each other or with staff. Staff set age-appropriate challenges and encourage children to 'have a go' and persevere with tasks. There is a good range of adult-led and child-initiated learning experiences. Focused activities are planned and implemented well. For example, children pretend to be firefighters and imagine that their polystyrene sticks are hoses, developing their imagination. Staff praise children's efforts, which helps children to develop high levels of self-esteem. Staff gather useful information from parents about children's interests and personal development when they first attend. They use this knowledge well to help children settle quickly. Parents receive useful information about their child's experiences during their time at the club.

#### Personal development, behaviour and welfare are good

Children behave very well. They understand the daily routine, listen to instructions and follow requests from staff. Children cooperate and play well together. They make new friends, learn new skills and grow in confidence. Effective explanations from staff help children build a good knowledge of how to use equipment safely. For example, they learn how to carry out a forward roll safely. Children are encouraged to take risks and develop their physical skills in the safety of the gym. Overall, staff are very effective in helping children to understand how to keep themselves safe and healthy. For example, they talk about keeping hydrated while doing exercise. Children who have special educational needs and/or disabilities are very well supported by staff. They work closely with parents to ensure children's needs are met. This effective partnership contributes to children's development and well-being.

## **Setting details**

Unique reference number	EY387368	
Local authority	Hounslow	
Inspection number	10060087	
Type of provision	Out-of-school day care	
Registers	Early Years Register, Compulsory Childcare Register, Voluntary Childcare Register	
Day care type	Childcare on non-domestic premises	
Age range of children	3 - 8	
Total number of places	25	
Number of children on roll	150	
Name of registered person	Kids Gym Ltd (t/a The Little Gym)	
Registered person unique reference number	RP904586	
Date of previous inspection	10 August 2015	
Telephone number	0208 994 3729	

Kids Gym Ltd (t/a The Little Gym) out-of-school holiday camp registered in 2009 and is privately owned. The holiday club operates from a purpose-built gymnastics centre in the grounds of The University of Westminster sports ground in Chiswick, in the London Borough of Hounslow. The holiday club operates each weekday during the main school holidays from 9.30am to 4.30pm, apart from Friday when it closes at 12.30pm. The holiday club employs eight members of staff, three of whom hold early years qualifications at level 3.

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