

1232200

Registered provider: Total Care Matters Limited

Full inspection

Inspected under the social care common inspection framework

#### Information about this children's home

Ashleigh House is registered to work with up to three young people aged between seven and 17 years. The home caters for males and females who have social, emotional and/or behavioural difficulties. The home will promote and deliver, where appropriate, independence training. The home has been developed to cater for young people who are ready for the transition into independent living.

The manager was registered with Ofsted on 8 June 2016

**Inspection dates:** 15 to 16 May 2018

Overall experiences and progress of good children and young people, taking into

account

How well children and young people are good

helped and protected

The effectiveness of leaders and managers good

The children's home provides effective services that meet the requirements for good.

**Date of last inspection:** 14 March 2018

**Overall judgement at last inspection:** improved effectiveness

**Enforcement action since last inspection:** none

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## **Recent inspection history**

Inspection date	Inspection type	Inspection judgement
14/03/2018	Interim	Improved effectiveness
18/04/2017	Full	Good
23/11/2016	Full	Requires improvement



# What does the children's home need to do to improve? Statutory requirements

This section sets out the actions that the registered person(s) must take to meet the Care Standards Act 2000, Children's Homes (England) Regulations 2015 and the 'Guide to the children's homes regulations including the quality standards'. The registered person(s) must comply within the given timescales.

Requirement	Due date
The health and well-being standard is that— the health and well-being needs of children are met.	29/06/2018
In particular, the standard in paragraph (1) requires the registered person to ensure—	
that staff help each child to—	
understand the child's health and well-being needs and the options that are available in relation to the child's health and well-being, in a way that is appropriate to the child's age and understanding.	
(Regulation 10 (1)(a)(2)(a)(ii))	
In particular, when a medical need is identified in respect of a young person a referral should be made and followed up with the relevant agency.	
The protection of children standard is that children are protected from harm and enabled to keep themselves safe.	29/06/2018
In particular, the standard in paragraph (1) requires the registered person to ensure—	
that the home's day-to-day care is arranged and delivered so as to keep each child safe and to protect each child effectively from harm.	
(Regulation 12 (1)(2)(b))	

## **Inspection judgements**

#### Overall experiences and progress of children and young people: good

Young people are making good progress in many areas of their lives. The care that they receive is tailored to their identified needs. Young people are happy and settled. A young

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person said, 'There is nothing bad about the home. Staff are sound. They help me and I know they care about me, which is more than anyone else ever has.'

Young people have trusting relationships with staff and feel confident that staff would help and support them. Young people are sensitively helped to understand how to manage their emotions and behaviours. A social worker said,

'Staff are confident in dealing with him. It's been a long, long time since he engaged in any placement but he has here. He has made progress. He knows that staff are not going to give up on him and because of this, his behaviour has settled from what it was.'

Education is promoted. Bespoke packages of education are tailored to young people's individual needs. One young person is on an apprenticeship scheme, which is proving to be extremely successful.

Young people are encouraged to keep themselves healthy. However, one young person has waited a considerable period of time for a referral to be made to a health service. This matter should have been challenged or escalated to the local authority and/or other partner agencies. Consequently, this young person's health need has not been addressed.

Staff encourage young people to take part in individual activities, to stay active and to follow their interests. Young people are respected and valued by the staff.

The house is a safe, friendly and welcoming environment. A social worker said, 'There is a nice feel to the house. Young people seem relaxed there and clearly treat it as their home.'

#### How well children and young people are helped and protected: good

Young people are safe and appropriately protected. Staff work creatively to ensure that young people understand risks, and as a result risk is minimised. A reviewing officer said,

'The staff have engaged the young person fantastically. I think they have done an excellent job. Building a relationship, working with the young person, knowing their triggers and getting them to engage. That is not easy to achieve with this young person. Staff have done remarkably well.'

There was, however, a shortfall in practice when a young person was out in the community and was not contacted by any member of staff for a substantial period of time. This left the young person in a vulnerable position and could potentially have placed him at risk of harm. Managers are aware that this practice was unsatisfactory.

Risk assessments identify young people's individual risks and vulnerabilities and what actions should be taken to safeguard young people. A social worker said, 'Staff go above and beyond in relation to safeguarding this young person. This young person is at high risk. However, staff have engaged her so well.'



Missing from care incidents are managed well, and risks reduce. A reviewing officer said, 'The fact they are presenting themselves to staff and letting them know where they are when they are missing/absent is a miracle. This was not happening before.'

Key-working sessions are effective and relevant to the risks identified for each young person. Behaviour is managed through clear and consistent boundaries being implemented. Staff work effectively with education providers to resolve any difficulties swiftly.

Restorative practice is used within the home. This alternative strategy of discipline helps young people to begin to take responsibility for their behaviour. This assists in creating an environment of accountability and fairness.

Physical intervention is only used as a last resort. Management monitoring of all incidents helps to ensure that practice in this area is of a good standard.

#### The effectiveness of leaders and managers: good

The registered manager was on annual leave during the inspection. The deputy manager and the responsible individual therefore facilitated the inspection. The registered manager is suitably qualified and experienced. Partner agencies and staff hold her in high regard.

The deputy manager presents as a committed and child-focused individual. She is passionate about improving outcomes for young people. However, she lacked knowledge of some relevant information regarding young people. The management team fully acknowledged this during the inspection.

The registered manager works well with the professionals involved with each young person. She advocates for them. Her attendance at meetings ensures that multi-agency working is effective and there is robust sharing of information.

The current quality assurance systems enable the manager to track young peoples' progress. The responsible individual is in the process of developing these systems further to improve the service and outcomes for young people.

### Information about this inspection

Inspectors have looked closely at the experiences and progress of children and young people. Inspectors considered the quality of work and the differences made to the lives of children and young people. They watched how professional staff work with children and young people and each other and discussed the effectiveness of help and care provided. Wherever possible, they talked to children and young people and their families. In addition, the inspectors have tried to understand what the children's home knows about how well it is performing, how well it is doing and what difference it is making for the children and young people whom it is trying to help, protect and look after.



Using the 'Social care common inspection framework', this inspection was carried out under the Care Standards Act 2000 to assess the effectiveness of the service, how it meets the core functions of the service as set out in legislation, and to consider how well it complies with the Children's Homes (England) Regulations 2015 and the 'Guide to the children's homes regulations including the quality standards'.



#### Children's home details

**Unique reference number:** 1232200

Provision sub-type: Children's home

Registered provider: Total Care Matters Limited

Registered provider address: 230 Bathley Street, Nottingham NG2 2ER

Responsible individual: Sean Dunne

**Registered manager:** Fiona Deighton

## **Inspector**

Davinia Lawton, social care inspector



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