

Children's homes - interim inspection

Inspection date	21/12/2015
Unique reference number	SC042446
Type of inspection	Interim
Provision subtype	Children's home
Registered person	The Rose Road Association
Responsible individual	Heather Aspinall
Registered manager	Jane Corbett
Inspector	Amanda Maxwell

Inspection date	21/12/2015
Previous inspection judgement	Good
Enforcement action since last inspection	None
This inspection	
<p>The effectiveness of the home and the progress and experiences of children and young people since the most recent full inspection</p> <p>This home was judged Good at the full inspection. At this interim inspection Ofsted judge that it has sustained effectiveness.</p> <p>Young people continue to make good progress and plans meet their individual needs. Staff have good knowledge and insight of young people's needs alongside a fondness for those in their care.</p> <p>Care plans provide good detail and information with all essential information required to care for a young person. Plans detail clear approaches and management strategies to enable young people to settle and feel safe in the home within known routines. Thorough detail is present regarding medication requirements and protocols to manage specific health needs. Advanced care plans are in place for those with life limiting conditions.</p> <p>Staff support young people to attend education, with staff escorting and transporting them to school. This also promotes smooth transitions and builds relationships with education providers.</p> <p>Targets are set for young people to work towards; targets are in place for a substantial period of time. This is due to young people only attending the home for short breaks. Links with education providers and carers enables a joint approach to target setting. Staff attend reviews and planning meetings for young people.</p> <p>Young people enjoy a good variety of planned activities that offer something for everyone; these include craft, Zumba and swimming. Staff support young people to access a diverse selection of activities available in the community which ensure new opportunities and experiences for all.</p> <p>Managers and staff have developed systems which ensure young people's views and feelings are sought daily and this is evident within their observation logs. Staff have implemented basic strategies to gain their views which with further development may involve young people's views and wishes across all aspects of</p>	

the service provision.

Incidents are recorded and monitored within an electronic record system which is currently being reviewed and amended. Behaviour management incidents recorded consider antecedents, behaviour and outcome. The records lack clarity regarding levels of physical intervention applied and debrief with young people is not occurring.

Safeguarding concerns are well recorded, reported and investigated with records showing action and outcomes. There have been no complaints or allegations from young people. There have been two complaints from others and one of these does not have an outcome recorded.

Risk factors are identified and addressed via two systems. One within standard risk assessments for key activities on and off site, and the second within individual person specific risk assessments. These are in place for all young people and address key risk factors for each individual. Risk assessments highlight and address risks with details how to minimise risk.

Staff have considered how young people are restricted in and out of the home within risk assessments. Care plans detail key strategies in place such as the use of side-rails to minimise risk of falling out of bed. A culture of review of restriction is evident.

Doors to the home are locked with key pad entry to keep vulnerable young people safe. Monitoring systems required are detailed in care plans for individuals who require observation at all times. These plans are not currently signed by carers and placing authorities, the manager has a plan in place to address this.

Pre-admission processes are robust with transition plans in place supporting young people to be admitted into the home. Plans vary dependant on need and how well young people are settling into the home.

Personal evacuation plans are present for every young person, these are reviewed regularly and when the needs of young people change.

Medication administration policy and procedures have been reviewed with changes to the policy currently being made.

Staffing levels have improved with current levels meeting the needs of those within the home. Agency staff are used to cover staff vacancies and absences. The ongoing, recruitment programme in place is addressing current staff vacancies. Safer recruitment processes are followed evidenced in all recent appointments.

The home is currently undergoing some improvement work which was identified by

the manager within the development plan. It will provide additional bedroom space and increase the current size of two bathrooms.

Monitoring of the home occurs with internal auditing processes completed by the trustees. A recent appointment of an independent visitor will provide an external oversight of the quality of care provided.

The requirements set at the previous inspection have been implemented and addressed with plans in place to further act on these.

Training and support is present for staff with a variety of training opportunities for them to supplement knowledge and practice. Supervision occurs regularly and appraisals review practice annually.

Information about this children's home

- The home is registered to care for up to 12 children and young people aged between 4 and 18 years of age with a learning and /or physical disability.
- The home is owned and managed by a charitable organisation.
- The home provides overnight short breaks on a planned or occasional basis across two areas within the building known as Oaks and acorns.
- The home has a sensory garden area, access to a multi-sensory room and hydrotherapy pool which are all based on site.
- The service is also registered with the care Quality Commission.

Recent inspection history

Inspection date	Inspection type	Inspection judgement
29/06/2015	CH - Full	Good
19/03/2015	CH - Interim	improved effectiveness
16/12/2014	CH - Full	Adequate
18/03/2014	CH - Interim	Good Progress

What does the children's home need to do to improve?

Statutory Requirements

This section sets out the actions which must be taken so that the registered person/s meets the Care Standards Act 2000, Children's Homes (England) Regulations 2015 and the *Guide to the children's homes regulations including the quality standards*. The registered person(s) must comply with the given timescales.

Requirement	Due date
<p>35: Behaviour management policies and records:</p> <p>within 24 hours of the use of a measure of control, discipline or restraint in relation to a child in the home, a record is made which includes:</p> <p>(3)(a)(iv) a description of the measure and its duration</p>	30/03/2016

<p>(v) details of any methods used or steps taken to avoid the need to use the measure</p> <p>(vi) the name of the person who used the measure ("the user"), and of any other person present when the measure was used</p> <p>(b) within 48 hours of the use of the measure, the registered person, or a person who is authorised by the registered person to do so</p> <p>(i) has spoken to the user about the measure</p>	
<p>39: Complaints and representations:</p> <p>(4) The registered person must ensure that a record is made of any complaint, the action taken in response, and the outcome of any investigation.</p>	30/03/2016

What the inspection judgements mean

At the interim inspection we make a judgement on whether the home has improved in effectiveness, sustained effectiveness, or declined in effectiveness since the previous full inspection. This is in line with the *Inspection of children's homes: framework for inspection*.

Information about this inspection

Inspectors have looked closely at the experiences and progress of children and young people living in the children's home. Inspectors considered the quality of work and the difference adults make to the lives of children and young people. They read case files, watched how professional staff work with children, young people and each other and discussed the effectiveness of help and care given to children and young people. Wherever possible, they talked to children, young people and their families. In addition the inspectors have tried to understand what the children's home knows about how well it is performing, how well it is doing and what difference it is making for the children and young people who it is trying to help, protect and look after.

This inspection focused on the effectiveness of the home and the progress and experiences of children and young people since the most recent full inspection.

This inspection was carried out under the Care Standards Act 2000 to assess the effectiveness of the service and to consider how well it complies with the Children's Homes (England) Regulations 2015 and the *Guide to the children's homes regulations including the quality standards*.

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