

The Little Gym

University of Westminster, Sports Ground, Cavendish Road, LONDON, W4 3UH



Inspection date

10 August 2015

Previous inspection date

8 April 2010

The quality and standards of the early years provision	This inspection:	Good	2
	Previous inspection:	Satisfactory	3
How well the early years provision meets the needs of the range of children who attend		Good	2
The contribution of the early years provision to the well-being of children		Good	2
The effectiveness of the leadership and management of the early years provision		Good	2
The setting meets legal requirements for early years settings			

Summary of key findings for parents

This provision is good

- The manager and staff have a secure knowledge of their role and responsibilities to keep children healthy and safe. They effectively implement procedures to promote and safeguard the well-being of the children.
- The provider's improved security systems and constantly high adult-to-child ratios help to keep children safe and well supervised at all times.
- Staff engage well with children, building trustful relationships with them. This helps to promote children's self-confidence and enables them to feel that they are in a safe environment.
- Staff receive regular training and they plan themes and activities that enable children to learn and enjoy their time at the setting.
- Staff give priority in helping children understand how to keep themselves safe. As a result, children show awareness of what is safe and what is not.
- Children are competent when using the apparatus in the gym. They show good coordination when climbing, jumping, rolling and balancing on beams.

It is not yet outstanding because:

- Children do not always have access to the role-play resources to build on their imagination and their experiences from home.
- Although they enjoy lots of stories, children have fewer opportunities to read non-fiction books on a wide range of topics, to support their interests and help them learn that books are informative.

What the setting needs to do to improve further

To further improve the quality of the early years provision the provider should:

- increase opportunities for children to use factual books to support their interests and help them to learn that books are informative
- give children regular opportunities to access and use the role-play resources to develop their imaginative skills fully.

Inspection activities

- The inspector had discussions with the manager about the provision of care for children.
- The inspector went on a tour of the premises with a senior member of staff.
- The inspector observed staff's interaction with children during play and activities.
- The inspector sampled some documents, which included staff records, training certificates, the record of the risk assessment and the fire drill book.

Inspector

Jennifer Liverpool

Inspection findings

How well the early years provision meets the needs of the range of children who attend. This is good

Children develop good relationships with staff and other children. They learn how to cooperate and to work well together as staff provide good opportunities and support for them to play in groups. This enables children to acquire social skills, which prepares them well for the next stage in their development. Children's communication and language skills are developing well. Staff speak clearly to children. They give children a range of instructions to follow during activities and children show that they understand as they follow and respond to the instructions. Staff also plan good opportunities for children to develop their confidence in speaking in group situations. Staff now regularly read to individual and groups of children and provide opportunities for children to be involved in telling stories. Consequently, children enjoy listening to stories and looking and exploring a suitable variety of storybooks. In the main, staff encourage children's creativity through a range of activities, such as painting, drawing and model-making. These activities help children to express and represent their ideas well overall.

The contribution of the early years provision to the well-being of children is good

Key persons and other staff members work well with parents to help children settle and become familiar with the daily routines. Children receive lots of praise and encouragement from the staff during physical exercises and when participating in activities. This helps to promote children's self-esteem. Children understand and respond to the rules of the setting through the boundaries set by the staff. The children enjoy nutritious meals each day and staff help them to learn about healthy eating and encourage their independence. Staff take children out for walks in the fresh air and plan a wide range of physical activities and exercises to promote children's healthy lifestyles.

The effectiveness of the leadership and management of the early years provision is good

The manager provides safeguarding training for staff to ensure that they have a secure understanding of child protection issues and know how to proceed if they suspect that a child is at risk of harm. This supports the welfare of the children. The manager uses effective recruitment and vetting systems, which means that the staff working with the children are suitable to do so. Staff carry out daily risk assessments, indoors and outdoors. They frequently check all apparatus, to help keep children safe. The manager has addressed actions and recommendations set at the last inspection, thus improving children's safety, security, care and learning. Additionally, the manager has a strong commitment to driving improvements through regularly evaluating the quality of care for children and the continual assessment of staff. The staff's relationships with parents are friendly and supportive. Staff regularly inform parents about their children's development and progress.

Setting details

Unique reference number	EY387368
Local authority	Hounslow
Inspection number	815881
Type of provision	Out of school provision
Registration category	Childcare - Non-Domestic
Age range of children	3 - 8
Total number of places	25
Number of children on roll	150
Name of provider	The Little Gym
Date of previous inspection	8 April 2010
Telephone number	0208 9943729

The Little Gym holiday camp registered in 2009, It is owned by an individual proprietor and follows the ethos of the Little Gym International. The holiday camp operates from a purpose-built gymnastics centre in the grounds of The University of Westminster sports ground in Chiswick in the London Borough of Hounslow. The holiday camp operates each weekday during the Christmas, Easter, Spring and Summer school holidays from 9.30am to 12.30pm and 1.30pm to 4.30pm, or full-day options are available. The holiday camp employs 11 members of staff, of whom three hold appropriate early years qualifications.

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