



Office for Standards  
in Education

## DAY CARE INSPECTION REPORT

URN 116360

### INSPECTION DETAILS

Inspection Date 09/08/2004  
Inspector Name Chris Banks

### SETTING DETAILS

Day Care Type Out of School Day Care  
Setting Name Y Active  
Setting Address Central YMCA  
112 Gt Russell Street  
London  
WC1B 3NQ

### REGISTERED PROVIDER DETAILS

Name Central YMCA 00119249 213121

### ORGANISATION DETAILS

Name Central YMCA  
Address 112 Gt Russell Street  
London  
WC1B 3NQ

## ABOUT THE INSPECTION

The purpose of this inspection is to assure government, parents and the public of the quality and standard of day care. When making judgements, inspectors have regard to how well the provider meets the National Standards for under Eights Day Care and Childminding. A list of these is attached. The report identifies strengths and areas for improvement.

This inspection report must be made available to all parents.

### Information about the setting

The YMCA Y Active scheme was registered in 1996.

It provides sport, fitness and play opportunities for children aged between 5 and 14 years during school holidays. A Saturday club also operates during term time.

The 50 place provision is based at the London West End Central branch of the YMCA and core opening hours are between 09:30 and 16:00. With prior arrangement, working parents may book a place for the extended day service which operates from 08:30 to 17:30. Approximately 50% of children registered are aged between 5 and 7 years. There is an average daily attendance of 22 children in this age range.

Children have access to four main areas of the building that includes a gymnasium, dance studio and swimming pool. To compensate for the lack of outdoor space, off site activities form part of each day.

A total of 7 staff work on the summer scheme. The children's programme manager holds a recognised qualification in Sports Fitness and Play Work. More than 50% of other staff also have qualifications in these fields. Key staff also hold current First Aid Certificates and Life Saving awards for swimming.

### How good is the Day Care?

The Y Active summer scheme provides a good standard of care for children.

Premises are bright, secure and well maintained. The various areas used by children are very well supervised. This helps ensure they feel secure and confident in a setting that is used mainly by adults. There are comprehensive and clearly documented policies and procedures relating to children's health and safety. These are effectively put into practice by staff who are well informed about their roles and responsibilities in this area.

The child care element of the service is efficiently organised with a good understanding of how to adapt practice to meet Ofsted's National Standards. There is an experienced and well qualified staff team who are also well trained in Child Protection issues.

Younger children represent approximately 50% of users. They are confident and

happy in the mixed age range setting and good planning ensures they have opportunities to rest and relax during the busy daily programme. Good account is taken of children's different ages and abilities when planning the activity programme which is stimulating and fun. There is a good blend of structured sports activities and general play opportunities. Staff compensate well for the lack of outdoor space by ensuring children are taken out for part of each day and plan each outing with care.

There are well established relationships with many parents who are regular users of the service. Staff create a welcoming atmosphere and foster good relationships. Publicity makes clear the main aims of the service and this helps parents make an informed choice about using this particular type of provision. With one minor exception, the written information provided to parents is of a satisfactory standard.

#### **What has improved since the last inspection?**

not applicable

#### **What is being done well?**

- Staff hold a diverse range of qualifications which includes sports coaching, health, fitness, teaching and play work. There are also suitably qualified, trained staff to lead higher risk activities such as swimming.
- Safety is well promoted and takes good account of the fact that premises are not used exclusively by children. They are always vigilantly supervised whilst moving from one part of the building to another and all entrance and exit points are closely monitored.

#### **What needs to be improved?**

- how parents are informed about the complaints procedure
- arrangements to ensure the role of Ofsted is included in written child protection procedures

#### **Outcome of the inspection**

Good

#### **CONDITIONS OF REGISTRATION**

*All registered persons must comply with all conditions of registration included on his/her certificate of registration.*

*As a result of this inspection conditions of registration have been imposed / varied / removed and a new certificate of registration will be issued.*

## WHAT NEEDS TO BE DONE NEXT?

**The Registered Person should have regard to the following recommendations by the time of the next inspection**

Std	Recommendation
12	ensure parents are informed of the process for making a complaint
13	ensure written child protection procedures include the role of Ofsted

## **SUMMARY OF NATIONAL STANDARDS**

### **STANDARD 1 - SUITABLE PERSON**

*Adults providing day care, looking after children or having unsupervised access to them are suitable to do so.*

### **STANDARD 2 - ORGANISATION**

*The registered person meets required adult: child ratios, ensures that training and qualifications requirements are met and organises space and resources to meet the children's needs effectively.*

### **STANDARD 3 - CARE, LEARNING AND PLAY**

*The registered person meets children's individual needs and promotes their welfare. They plan and provide activities and play opportunities to develop children's emotional, physical, social and intellectual capabilities.*

### **STANDARD 4 - PHYSICAL ENVIRONMENT**

*The premises are safe, secure and suitable for their purpose. They provide adequate space in an appropriate location, are welcoming to children and offer access to the necessary facilities for a range of activities which promote their development.*

### **STANDARD 5 - EQUIPMENT**

*Furniture, equipment and toys are provided which are appropriate for their purpose and help to create an accessible and stimulating environment. They are of suitable design and condition, well maintained and conform to safety standards.*

### **STANDARD 6 - SAFETY**

*The registered person takes positive steps to promote safety within the setting and on outings and ensures proper precautions are taken to prevent accidents.*

### **STANDARD 7 - HEALTH**

*The registered person promotes the good health of children and takes positive steps to prevent the spread of infection and appropriate measures when they are ill.*

### **STANDARD 8 - FOOD AND DRINK**

*Children are provided with regular drinks and food in adequate quantities for their needs. Food and drink is properly prepared, nutritious and complies with dietary and religious requirements.*

### **STANDARD 9 - EQUAL OPPORTUNITIES**

*The registered person and staff actively promote equality of opportunity and anti-discriminatory practice for all children.*

### **STANDARD 10 - SPECIAL NEEDS (INCLUDING SPECIAL EDUCATIONAL NEEDS AND DISABILITIES)**

*The registered person is aware that some children may have special needs and is*

*proactive in ensuring that appropriate action can be taken when such a child is identified or admitted to the provision. Steps are taken to promote the welfare and development of the child within the setting in partnership with the parents and other relevant parties.*

#### **STANDARD 11 - BEHAVIOUR**

*Adults caring for children in the provision are able to manage a wide range of children's behaviour in a way which promotes their welfare and development.*

#### **STANDARD 12 - WORKING IN PARTNERSHIP WITH PARENTS AND CARERS**

*The registered person and staff work in partnership with parents and to meet the needs of the children, both individually and as a group. Information is shared.*

#### **STANDARD 13 - CHILD PROTECTION**

*The registered person complies with local child protection procedures approved by the Area Child Protection Committee and ensures that all adults working and looking after children in the provision are able to put the procedures into practice.*

#### **STANDARD 14 - DOCUMENTATION**

*Records, policies and procedures which are required for the efficient and safe management of the provision, or to promote the welfare, care and learning of children are maintained. Records about individual children are shared with the child's parent.*