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# Kings Sports Camps @ Bablake School

Inspection report for early years provision

Better education and care

| Unique Reference Number | 507775   |
|-------------------------|--|
| Inspection date         | 18 August 2005                                 |
| Inspector               | Jan Burnet                                     |
|                         |  |
|                         |  |
| Setting Address         | Coundon Road, Coventry, West Midlands, CV1 4AU |
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| Registered person       | The King's Foundation                          |
| Type of inspection      | Childcare                                      |
| Type of care            | Out of School care                             |
|                         |  |

## **ABOUT THIS INSPECTION**

The purpose of this inspection is to assure government, parents and the public of the quality of childcare and, if applicable, of nursery education. The inspection was carried out under Part XA Children Act 1989 as introduced by the Care Standards Act 2000 and, where nursery education is provided, under Schedule 26 of the School Standards and Framework Act 1998.

This report details the main strengths and any areas for improvement identified during the inspection. The judgements included in the report are made in relation to the outcomes for children set out in the Children Act 2004; the National Standards for under 8s day care and childminding; and, where nursery education is provided, the *Curriculum guidance for the foundation stage.* 

The report includes information on any complaints about the childcare provision which Ofsted has received since the last inspection or registration or 1 April 2004 whichever is the later.

### The key inspection judgements and what they mean

Outstanding: this aspect of the provision is of exceptionally high quality Good: this aspect of the provision is strong Satisfactory: this aspect of the provision is sound Inadequate: this aspect of the provision is not good enough

For more information about early years inspections, please see the booklet *Are you ready for your inspection?* which is available from Ofsted's website: *www.ofsted.gov.uk.* 

### THE QUALITY AND STANDARDS OF THE CARE

On the basis of the evidence collected on this inspection:

The quality and standards of the care are good. The registered person meets the National Standards for under 8s day care and childminding.

### WHAT SORT OF SETTING IS IT?

The King's Trust Sports Camp Coventry was registered in 1999 and operates from Bablake School during school holidays in the summer and at Easter. Children aged from 4 to 14 years attend. Opening times are 8:30 to 17:30. The focus of King's Camps is to offer a variety of sporting activities for children between the hours of 10:15 and 15:45. Before and after these times an "Extra Time" care facility operates.

Children are divided into six groups for sports activities, according to their age, with two staff and 16 children in each of the groups for children aged eight years and under. The staff team includes qualified teachers and coaches with qualifications for

sports including swimming, athletics, gymnastics, trampoline, basket ball, football, netball and cricket. Two staff are trained lifeguards and one is a sports therapy student.

### THE EFFECTIVENESS OF THE PROVISION

#### Helping children to be healthy

The provision is good.

Children are gaining a good understanding of keeping themselves fit and healthy. They learn about the need to retain fluid whilst taking part in physical activity in hot weather and staff ask children to fill drinks bottles and take with them to sessions as well as taking plenty to drink at regular break times. Risk of sports injury is minimal due to good staff supervision, support and teaching and because staff organise a group warm up before activities begin.

Children benefit from a policy on illness that informs parents that children should not attend if they have an infectious illness and that parents will be expected to collect their child if asked to do so by staff. Children are protected by a staff team well informed on medical conditions and illness and three hold in-date first aid certificates. One is training to be a physiotherapist.

Children's dietary needs are known by staff although parents provide packed lunches. King's Camps hope to ensure risk to children with regard to food hygiene is reduced by sending information to parents with registration forms. Parents are asked to ensure that they either include a cool pack or place a drinks carton or bottle in the fridge overnight and then place this beside sandwiches to keep the temperature of the food low.

Children are developing skills and confidence due to a good range of well planned sports activities. Their emotional well-being is given a high priority and is well fostered due to very good staff support and encouragement.

### Protecting children from harm or neglect and helping them stay safe

The provision is satisfactory.

Children enjoy activities in a very welcoming environment. Equipment is safe and in a good condition. Risks of accidental injury to children are minimised because staff are extremely vigilant and effectively use risk assessments to reduce potential hazards. Staff ensure that children are very well monitored with regard to not getting too hot/dehydrated and the activity timetable ensures a regular change of activity. Children are aware of the rules with regard to safety; for example, safety rules in and around the swimming pool - keep hand to the wall whilst walking around the pool and stay with your group, safety using equipment - rules re throwing and retrieving equipment and outdoor activities only when supervised by staff and no activities to take place on the playing field close to the school gates.

The King's Camps policy book states that "Rookies", (assistant coaches aged 14 to

17 years), should not take children to the toilet without a coach present or supervise children without a coach present. However, children are not properly protected by some staff who allow this to happen, for example escorting children from the pool side to the changing room so that they may use the toilet whilst vetted staff supervise children swimming. Staff are aware of their responsibilities with regard to referral if they are concerned about a child's welfare.

### Helping children achieve well and enjoy what they do

The provision is good.

Children benefit from good opportunities to have fun and develop skills in a variety of sports activities. These include swimming, gymnastics, trampoline, cricket, athletics (running, jumping and throwing), rounders, tennis, football, dodge ball, bench ball and basket ball. Also games including parachute games and races. "Extra Time" activities include games, arts and crafts and relaxation and if requested by children staff are happy to continue sports activities.

Children are very well cared for as individuals due to staff assessment, thorough admission forms and verbal information from parents. They are supported in trying out new activities and staff constantly encourage and teach. Children interact very well, enjoy their activities and support each other in group competitions and teams. Each child receives a record of their progress at the end of the camp.

### Helping children make a positive contribution

The provision is satisfactory.

Children of all abilities are welcomed and coached/cared for as individuals. All are given time and are encouraged by staff and other children to feel good about themselves. Consultation with parents ensures that staff are able to provide appropriate challenge and support for all children. Inclusion is addressed and good planning and staff support means that all children are able to enjoy all activities.

Children demonstrate that they are aware of behaviour rules that keep them safe. They show respect for staff and listen and follow instructions. Staff demonstrate an awareness of the policy which states that the aim is to create a positive environment for the children and to provide a challenging, appropriate and fun week for them. Children's self esteem is protected well and staff are good role models.

### Organisation

The organisation is good.

The provider ensures that children benefit from being supported by a staff team with a good mix of teaching and coaching qualifications plus sports therapy and first aid. Staff are experienced and enthusiastic. Good recruitment and selection procedures include on line training prior to interview and appointment, which includes equal opportunities, child protection and behaviour management. The head coach is supernumerary. The policy file includes thorough policies and procedures and very good information on signs for child abuse and referral procedures, staff responsibilities with regard to managing behaviour, health and equal opportunities. These are mostly well implemented by staff.

Children enjoy activities and are challenged effectively due to good organisation and planning of sports activities and a well planned daily timetable. Competitions are organised to make children feel good about themselves. Staff recognise that during "Extra Time" an alternative should be offered, for example arts and crafts and relaxation, but that some children may choose to continue with sports activities.

Documentation is thorough and records are comprehensive.

Overall, the provision meets the needs of the children who attend very well.

### Improvements since the last inspection

At the time of the last inspection the provider was asked to assess and implement security measures. The main gates of Bablake school remain open throughout the day and the playing field is adjacent to the entrance. This issue is being satisfactorily addressed due to good organisation and staff awareness and supervision as they are alert to other users of the school premises and ensure that all activities take place as far away from the entrance as possible.

At the time of the last inspection space for "Extra Time" was greatly reduced due to refurbishments within the school dining hall and this resulted in recommendations relating to grouping of children exceeding 26, little space and few resources, including ones that reflect positive images. In 2005 activities for "Extra Time" are organised in the large sports hall and squash court used during the day and also an adjacent reception area. Activities are planned and the amount of resources has improved. Although these still do not include resources that reflect positive images, staff ensure that equal opportunities is addressed well as activities are planned and adapted so that all children have access to a full range.

### **Complaints since the last inspection**

There are no complaints to report.

## THE QUALITY AND STANDARDS OF THE CARE

On the basis of the evidence collected on this inspection:

The quality and standards of the care are good. The registered person meets the National Standards for under 8s day care and childminding.

### WHAT MUST BE DONE TO SECURE FUTURE IMPROVEMENT?

### The quality and standards of the care

To improve the quality and standards of care further the registered person should take account of the following recommendation(s):

• ensure that Rookies (assistants aged 14-17 years) are not left alone with the children unless vetted at the age of 16.

Any complaints about the inspection or the report should be made following the procedures set out in the leaflet *Building better childcare: Compliments and concerns about inspectors' judgements* which is available from Ofsted's website: *www.ofsted.gov.uk*